## **PRIM&R AER 2023**

Single IRB Coordination Models: Innovative Approaches from Four CTSAs

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Session C3, 12/3/2023, 3:45pm



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Annie Risenmay: I have no relevant personal/professional/financial relationship(s) with respect to this educational activity.

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# Learning Objectives

- 1. Identify coordination challenges faced by IRBs and study teams throughout the Single IRB review process
- 2. Describe operational models/essential tools for centralizing study/reliance documentation and communication between site study teams, IRBs, HRPPs, etc. using tools like IREx and other electronic systems.
- 3. Discuss five-year metrics of Single IRB data and share outcomes.





# Agenda

- Introduction
- Models
  - Indiana CTSI/Indiana University HRPP: liaison model
  - University of Utah HRPP: multiple/hybrid models
  - Wake Forest School of Medicine CTSI: decentralized model
  - Vanderbilt University Medical Center: decentralized model
- Leveraging the IRB Reliance Exchange (IREx) Supports sIRB Coordination
- Metrics/data on sIRB coordination





# **Terminology**

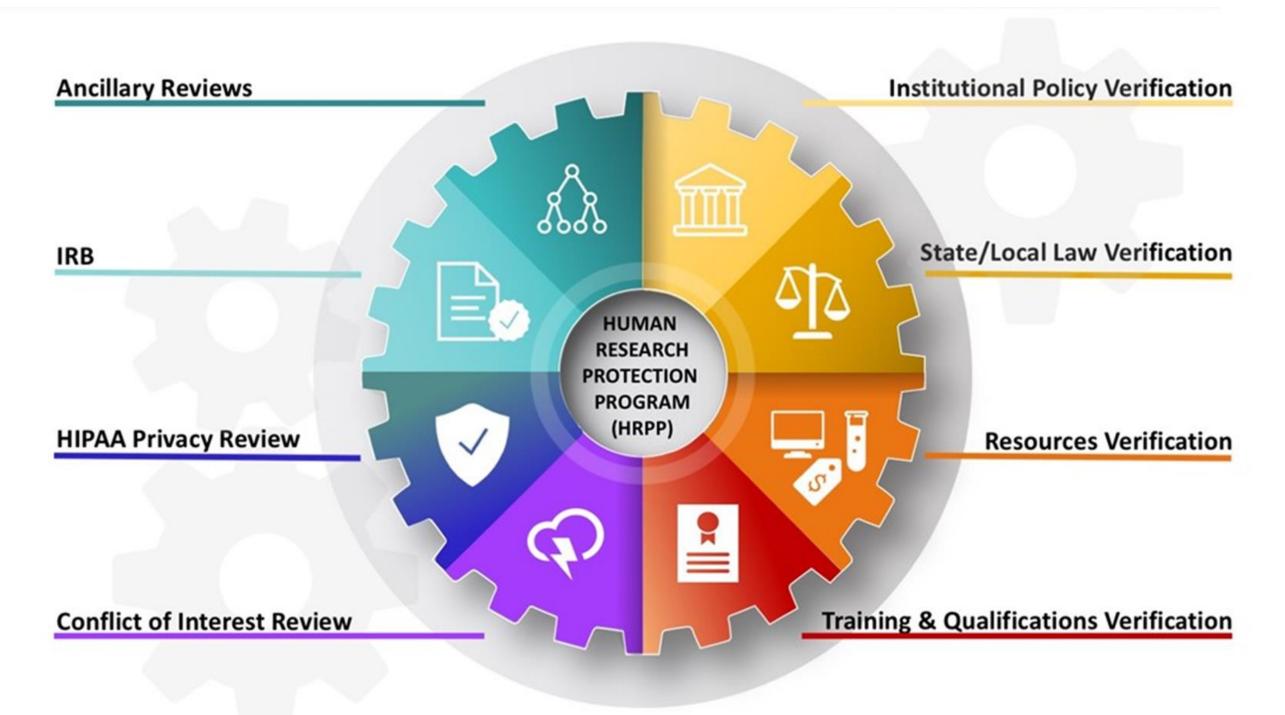
- IRB: Institutional Review Board
- sIRB: Single IRB. Also referred to as central IRB or reviewing IRB.

**Models of Coordination** 

- HRPP: Human Research Protection Program
- IREx: IRB Reliance Exchange web-based document & communication system
- Reliance: When one or more relying institutions choose to accept IRB review and oversight for a research project from another institution's reviewing IRB.
- SMART IRB is not an IRB.
  - SMART IRB is a platform that offers a master IRB reliance agreement (the SMART IRB Agreement) and a web-based system (SMART IRB's Online Reliance System).



## Single IRB Review is NOT Institutional Review







**Coordination** 

# Why sIRB Coordination?

What is Single IRB Coordination and why is it necessary to the single IRB Process?

- Coordinating IRB submissions and site additions when an academic IRB serves as the sIRB for a multisite study
- Differing IRB and institutional policies and processes
- Closed or unfamiliar IRB systems for external sites







# **Indiana University**

Studies reviewed by the Indiana
University IRB have either
centralized or decentralized sIRB
support.

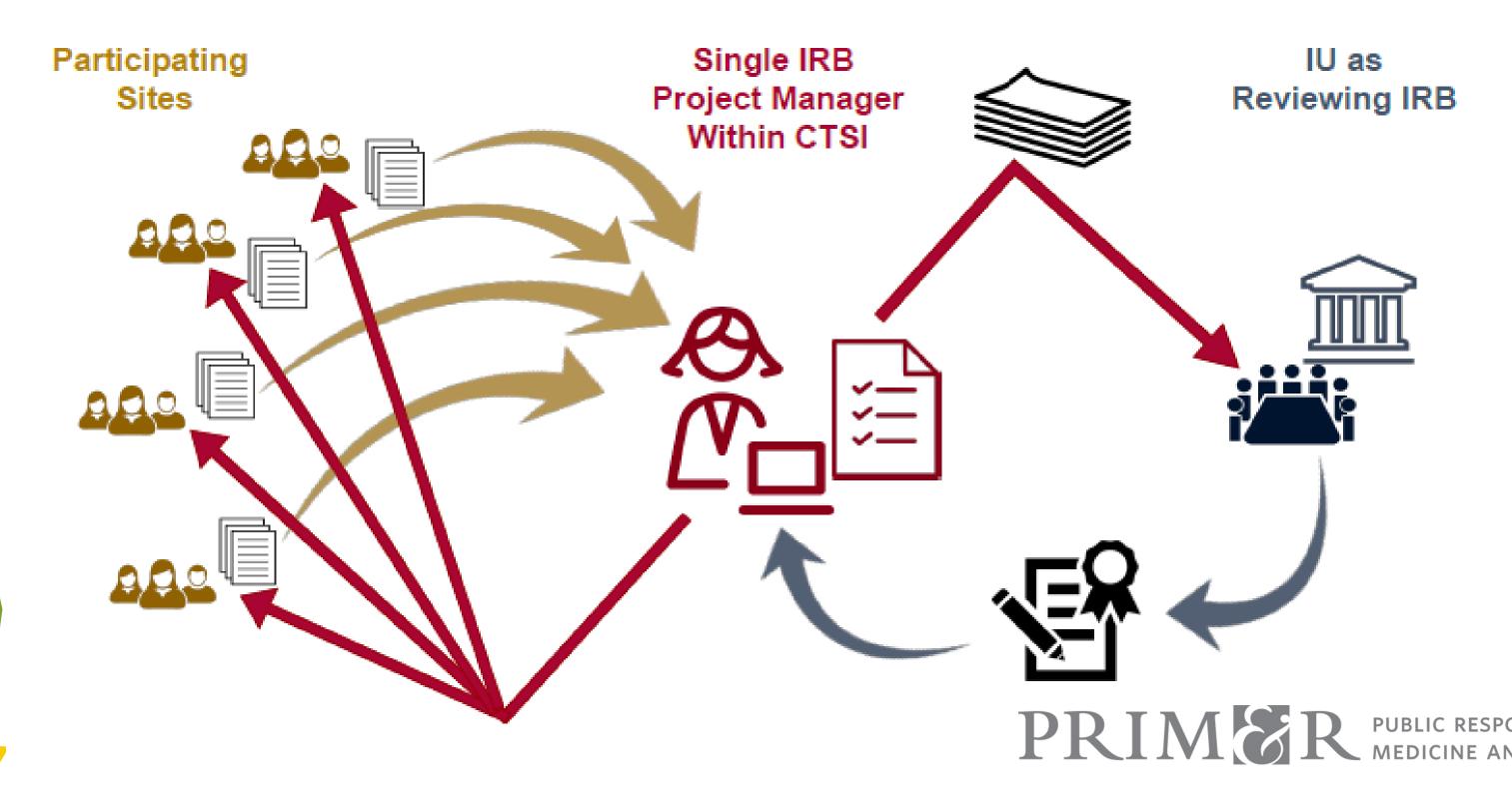






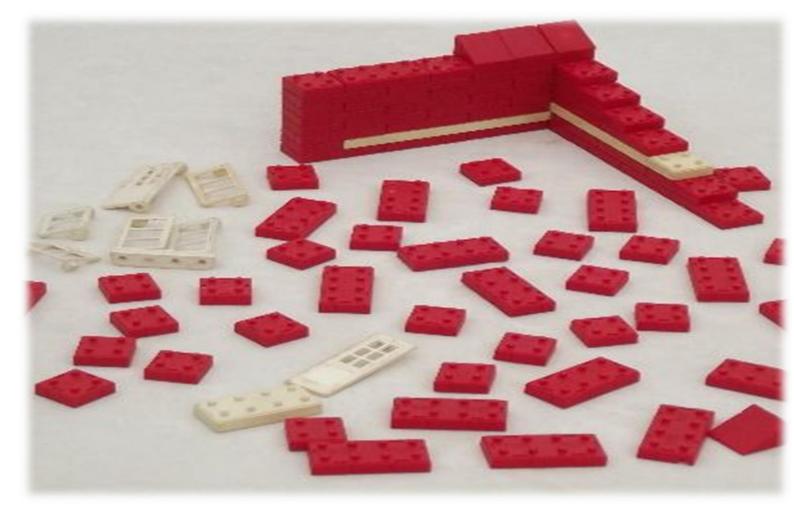


## Liaison Model





# **Delineation of Duties**





#### **Lead Study Team:**

- Initial IRB approval process
- FDA Submissions
- Development of and changes to study documents
- Maintaining study personnel
- IRB submissions for lead site only

#### **sIRB Project Managers:**

- Submit site specific amendments
- Distribute approvals and documents
- Work with sites on reliance
- Submit prompt reports for sites
- Submit renewals







## **Pros & Cons of Liaison Model**

#### **Pros**

- Expertise in with single IRB
- Tools
- Early identification of possible issues
- Allows lead study team to focus on other tasks
- Frequent, direct communication with HRPP/IRB staff
- Established relationships



- There is a separate cost associated with CTSI sIRB PM support
- Less familiarity with the specifics of the protocols
- Not a full-time member of the study team
- Limited capacity



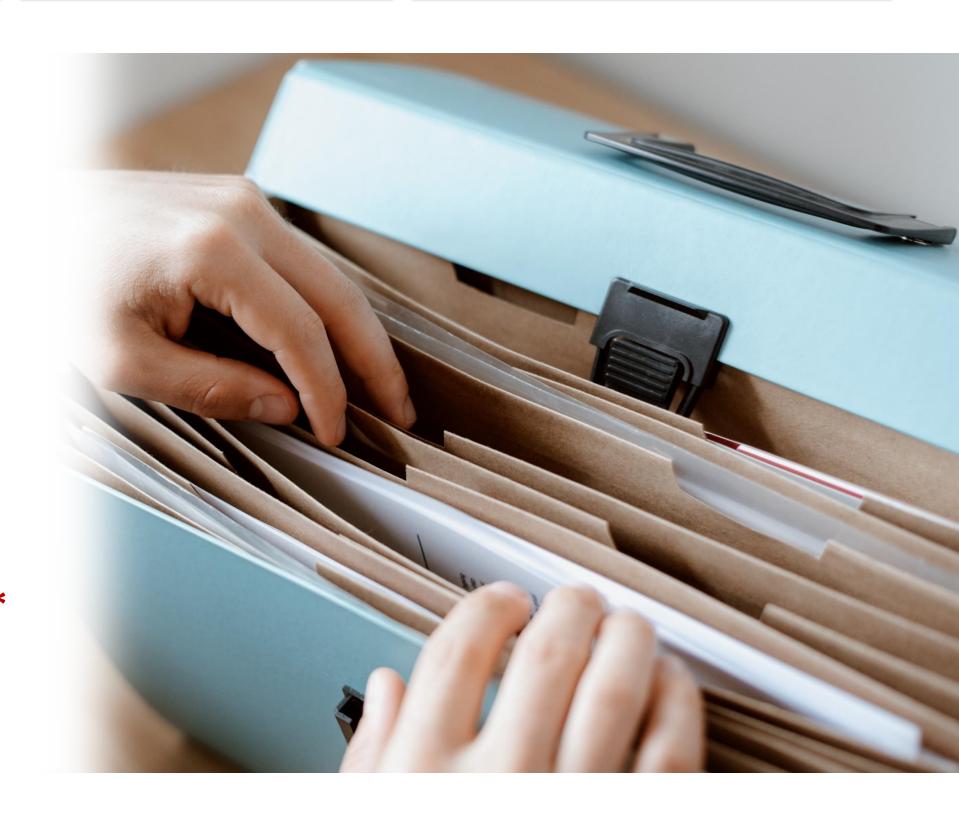




## **Initial Memo & Documents**

- Information about the reliance process and upcoming steps
- IRB approved protocol
- Initial IRB approval letter
- Consent, Assent, and HIPAA templates
- Other IRB approved materials
- Local Context Checklist
- Relying Site Questionnaire

\*\*Request to schedule onboarding meeting\*\*







# Relying Institution Onboarding Meetings



- Introduction of people on call
- Overview of the study
- Explain reliance process
- Discuss initial email
- Explore attached documents



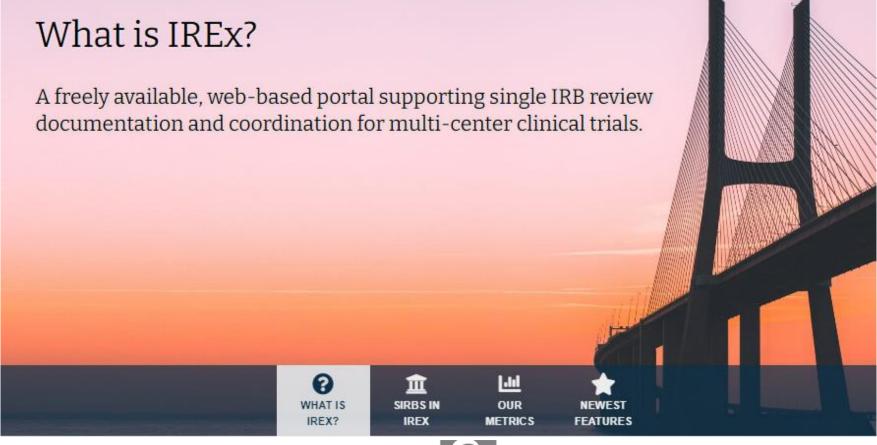


## Tools: SMART IRB and IREx



Supporting single IRB review Advancing collaborative research











# sIRB Infrastructure & Volume

	Indiana HRPP	Indiana CTSI	Utah	Wake Forest	Vanderbilt
# of FTEs Supporting sIRB	2-3	2	3	0	3
Where FTEs work	HRPP	CTSI	HRPP	NA	HRPP
# of sIRB Studies	>77	10	150	34	150
# of Site Reliances		58 +14	>600	>400	294 unique 1186 total
External Investigator Access to eIRB System	No	No	Yes	No	Personnel changes + event reporting only
Charge for sIRB Review	No	Yes - % FTE	Yes	Yes	Yes







# **University of Utah**

Studies reviewed by the University of Utah IRB use a hybrid model for sIRB support.







## **Reliance Consultation**



- Study details
- Relying sites
- Education
- Next steps

## Who's responsible?

#### **LEAD STUDY TEAM\***

- Initiate
- Intake
- Liaise

#### SINGLE IRB

Guidance





<sup>\*</sup>Expert or getting educated

# Reliance Agreements



- IREx set-up
- Invitations
- Sites' local requirements



#### **LEAD STUDY TEAM**

**Invitations** 

#### SINGLE IRB



#### **RELYING SITE HRPP**

**Reliance Documentation** 

#### SITE STUDY TEAM

**Local Requirements** 





# **Protocol-Only Review**



- Full application
- Consent template, recruitment materials, protocol, etc.
- "Normal" IRB review process

## Who's responsible?

#### **LEAD STUDY TEAM**

- Submit application
- Revision response

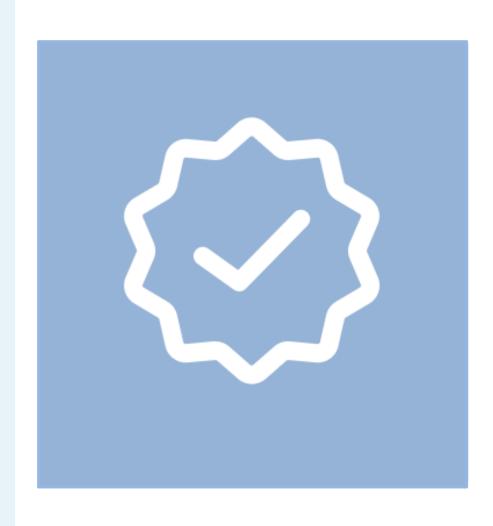
#### SINGLE IRB

- Criteria for approval
- Revisions





# **Initial Approval**



- SIRB application approval
- Dissemination

Who's responsible?

**LEAD STUDY TEAM** 

Distribute approval and templates



SINGLE IRB

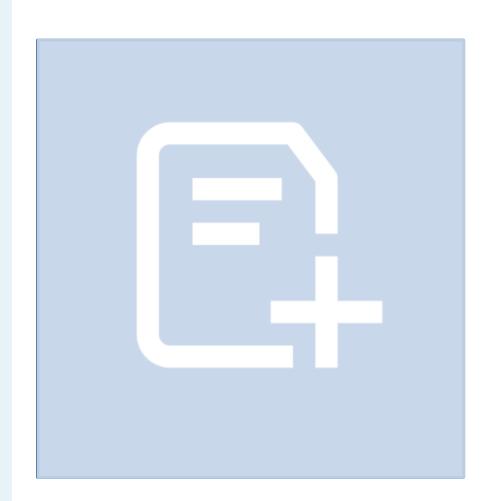
Approval documentation







# **Adding Sites**



- Site HRPP review
- Local considerations
- Site-specific consent and/or other materials
- Multiple sites



#### **LEAD STUDY TEAM**

May submit application for site\*

#### SINGLE IRB

- Apply local considerations
- Review site-specific documents

#### **RELYING SITE HRPP**

- Provide community information
- Documentation of local review

#### SITE STUDY TEAM

May submit own site application\*



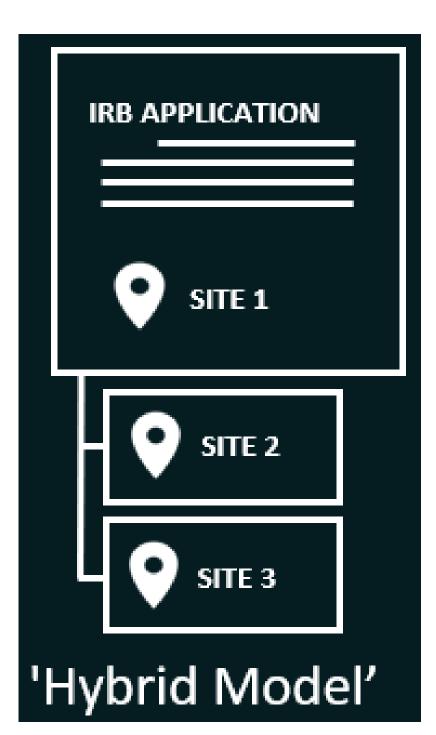




## **Submission Models**











## Standard/Default Model



### **Pros**

- Same approval date
- Central coordination/consistency
- Knowledge of system



- Approval delays
- Lead study team burden







## **Site-Control Model**



## **Pros**

- Independence
- Responsibility
- Cut out "middle human"

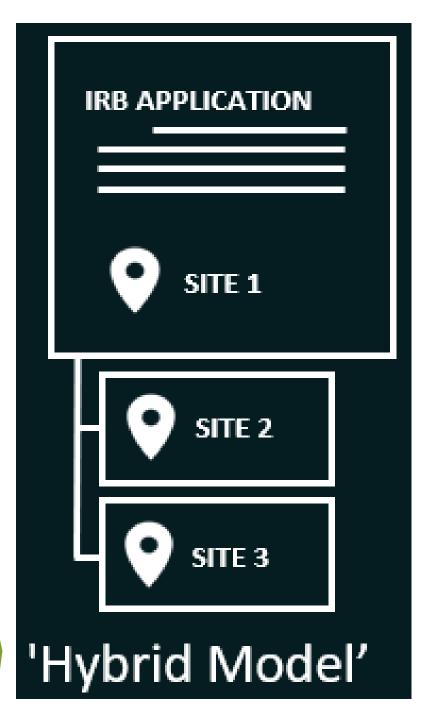


- Learning curve
- External system access





# **Hybrid Model**



### **Pros**

- Lead study team decides who gets what responsibilities
- Can be flexible with independence vs. control



- Differences
- Main application sites ready at same time







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# Wake Forest University

## Vanderbilt University Medical Center

Studies reviewed using a decentralized model.

- De-centralized model heavily dependent upon use of IREx
- IRB staff are consultative to the coordination process
- Coordination, submission, distribution of study materials is the responsibility of the study staff









# Decentralized Model Division of Responsibilities

## Single IRB

Create & oversee sIRB intake process & requests

Provide resources & educational materials for study teams

Review & approval study

Create study in IREx

Oversee flexible elements of reliance in IREx

Document executed IAAs and indemnification in IREx, if required

## Lead Study Team

Add participating sites (PSites) to IREx

Request PSites executed required agreements via IREx, as needed

Grant PSite study team access to study in IREx

Monitor PSite progress completing local documentation in IREx

Export site documentation from IREx

Submit "site additions" to sIRB eIRB system

Upload PSite approvals to IREx

PUBLIC RESPONSIBILITY IN MEDICINE AND RESEARCH



## **Pros & Cons of Decentralized Model**

**Models of Coordination** 



#### **Pros**

- Flexible HRPP staffing based on the study and number of sites
- Minimize coordination efforts of HRPP staff
- Lead study team is a familiar point of contact for sites
- Lead study team is a familiar contact for the IRB



- New responsibilities lead study teams with limited resources
- sIRB learning curve is steep for lead study teams, who may only do this once





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# Leveraging IREx to Support sIRB Coordination

A freely available online tool to manage sIRB requirements and streamline communication for the life of a study.









## **Key Features**



Customize sIRB preferences

(Required agreements, POCs, new\* - instructions for sites)

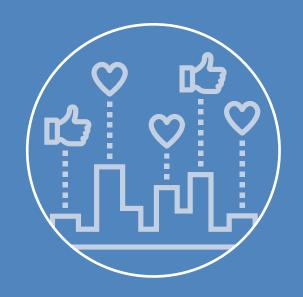


Delegate responsibilities to Lead Study Team



Capture reliance decisions

(Including use of IAAs and indemnification)



Capture local considerations

(Coming soon – update for the life of the study)



Capture approvals for life of study









# Coordination Challenges & IREx Solutions

**Coordinating Communications** 

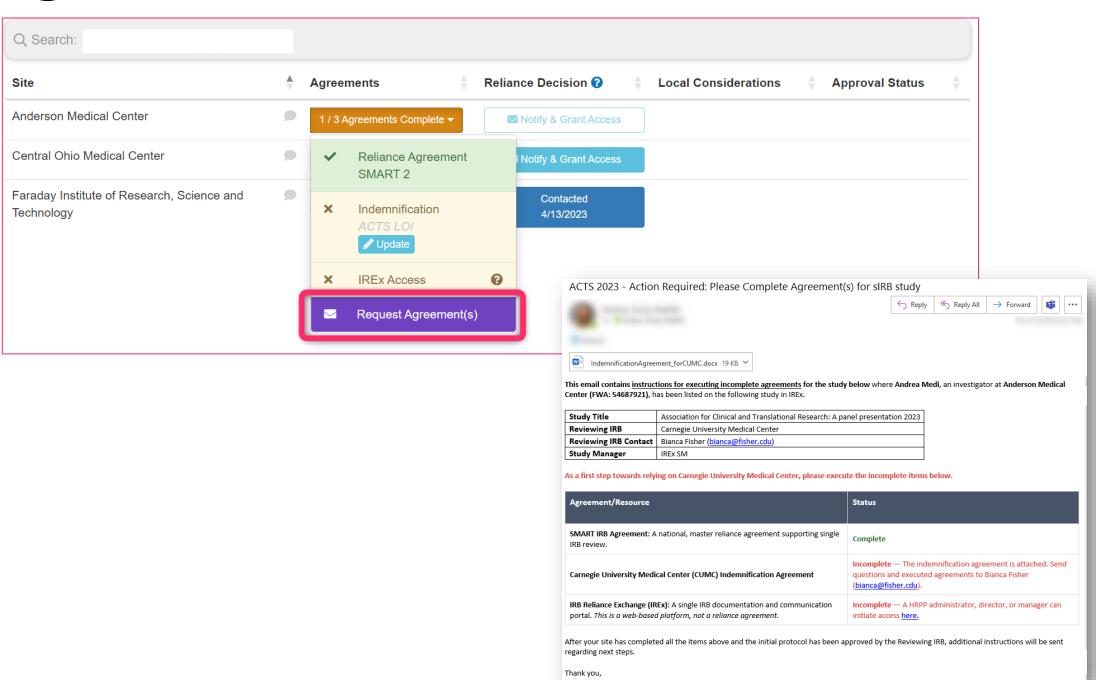
Understanding the sIRB process & steps

Multiple FWAs engaged for a single study team

Capturing & tracking documentation

Capturing & disseminating approvals

General support







# Coordination Challenges & IREx Solutions

Coordinating Communications

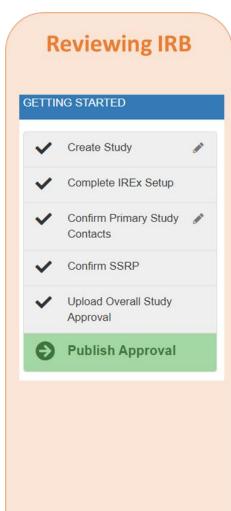
Understanding the sIRB process & steps

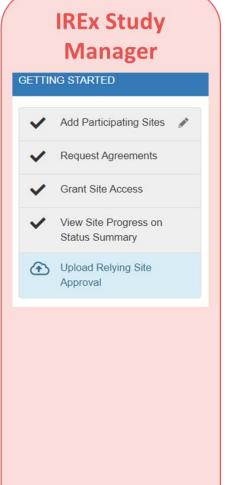
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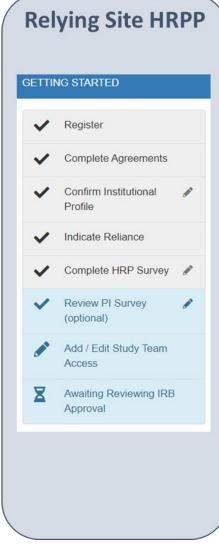
Capturing documentation

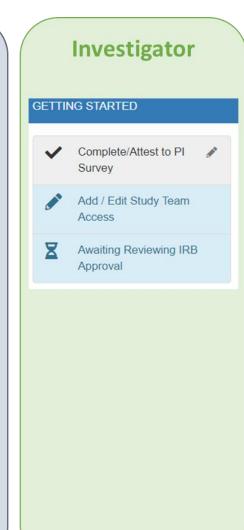
Capturing & disseminating approvals

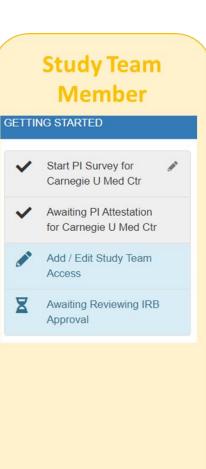
General support















General support

Access



# Coordination Challenges & IREx Solutions

Institution

Coordinating Communications

Understanding the sIRB process & steps

Multiple FWAs engaged for a single study team

Capturing documentation

Capturing & disseminating approvals

<b>𝚱 Emory University</b> #00005792 𝚱 Grady Memorial Hospital Corp Health System #00004534	oratio	on dba Grady		•		Contacts
Status Summary				CI	osed Sites Manage Agreem	nents Export Data ▼
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Site	*	Agreements	Reliance Decision ?		Local Considerations	Approval Status
Emory University  • Grady Hlth Sys		3 / 3 Agreements Complete ▼	Completed 10/19/2023		3 / 3 Surveys Complete ▼	Not Approved
Grady Memorial Hospital Corporation dba Grady Health System  Property University	•	3 / 3 Agreements Complete ▼	Completed 11/16/2023		2 / 3 Surveys Complete ▼	Not Approved

PI (required)



**Study Team Member** 

(IREx)

38

# **Coordination Challenges & IREx Solutions**

You are participating in 0

Study Manager Dashboard

Sparing Effect in Mechanically Ventilated

Controlled Trial of Extended-Release

Naltrexone and Monthly Extended-Release

Buprenorphine for Cocain

Use Disorder (CURB-2)

Dosing in Critically III

Patients: A Multicenter

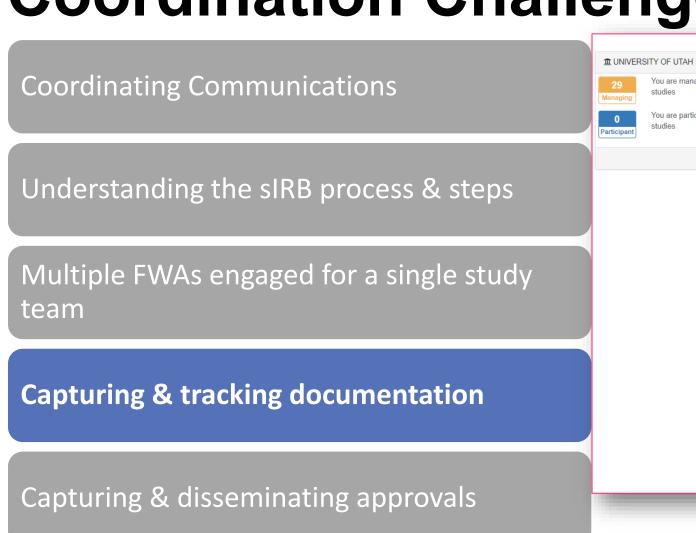
a Modifiable Risk Factor for

Registry-based Randomized Trial The EFFORT Trial

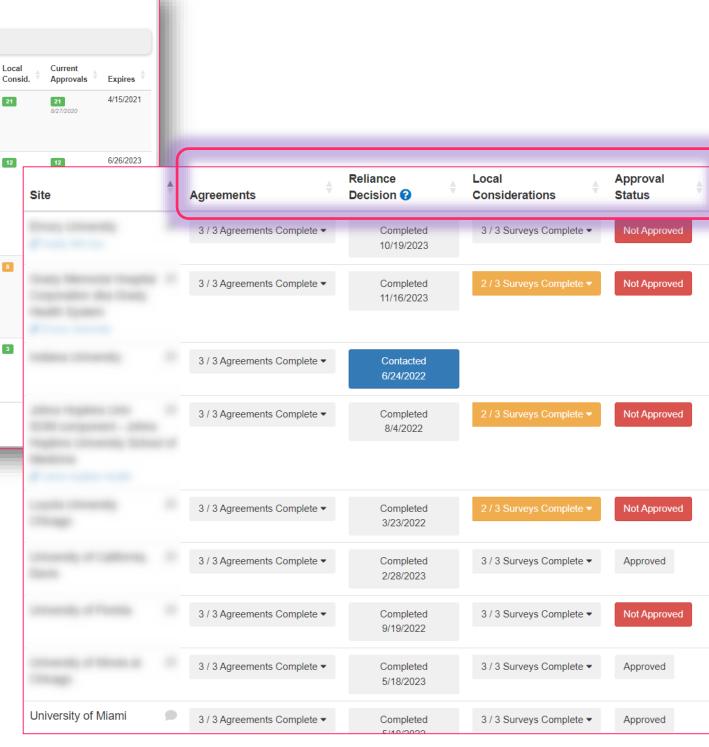
Pediatric Delirium Project ID: 229

Children (DOSE Trial)

NIDA CTN Protocol 0109: Randomized, Placebo



General support







# Coordination Challenges & IREx Solutions

**Coordinating Communications** 

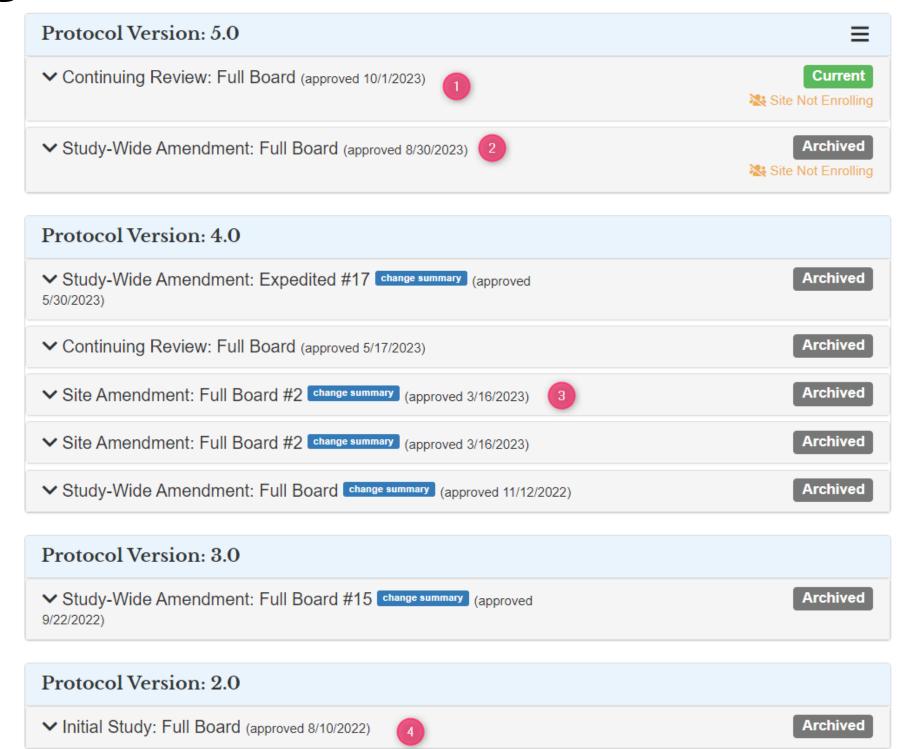
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# Coordination Challenges & IREx Solutions

**Coordinating Communications** 

Understanding the sIRB process & steps

Multiple FWAs engaged for a single study team

Capturing documentation

Capturing & disseminating approvals

**General support** 

#### THE IREX TEAM

- Admin@IRBExchange.org available anytime
- Training for lead study teams provide 2x month, and PRN
- Training for relying study teams (e.g., IREx can attend site coordinator call)
- Videos & user guides
- Study-specific tips sent to lead study teams as sites onboard to the study & the sIRB process









# IREx: By the numbers

**591** Studies

**44** sIRBs using IREx

**513** Member institutions

780 Study Managers (lead study team/ CCC)

430 Unique sites relying on an sIRB

**3700** Reliances documented

**2914** Relying sites w/ initial sIRB approval

**22K+** Site approvals posted to IREx

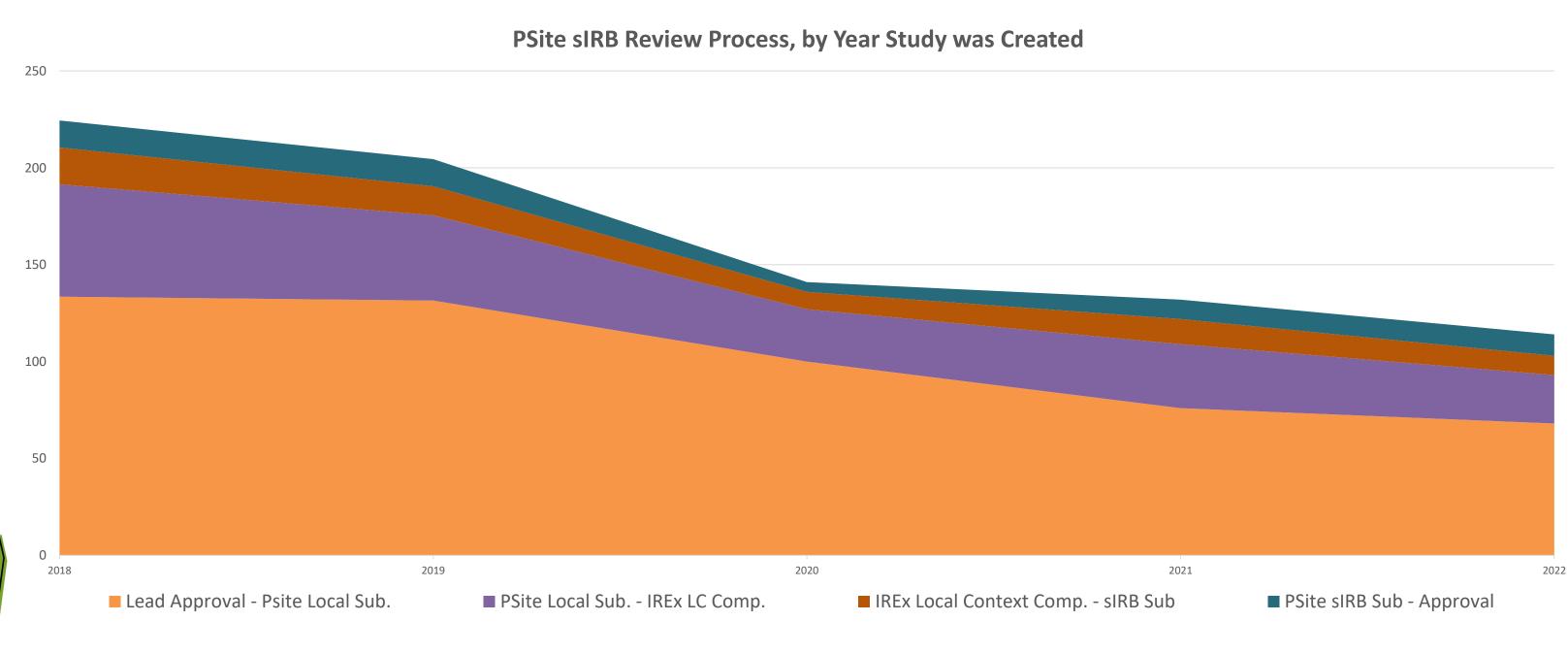






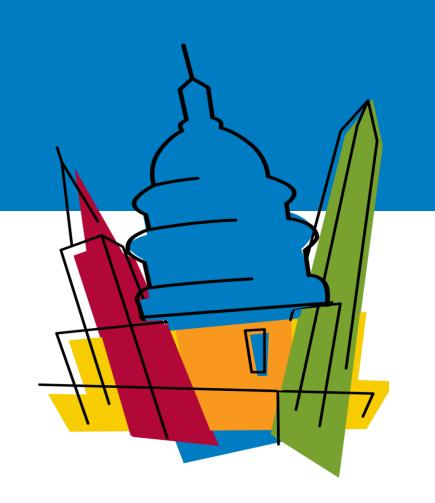


# Median Time from Lead Site Approval to PSite Approval by the sIRB





# Questions?



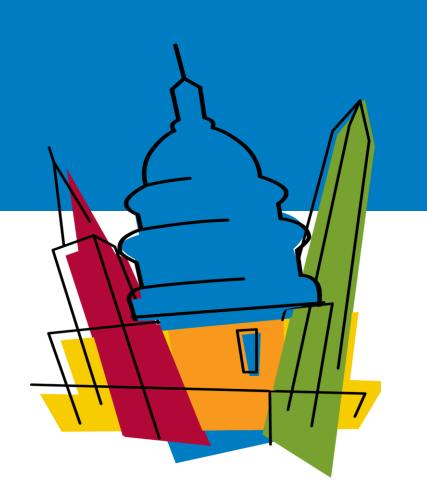


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# Thank You!

