Updated 3/20/2026

IRB Reliance Exchange
YOUR SYSTEM SOLUTION FOR SINGLE IRB REVIEW

Interested in using IREx for your study? Talk to your sIRB!

Why should I use IREx?

IREx is a **FREE** tool for lead study teams / coordinating centers ("Study Managers") overseeing a study using a single IRB (sIRB). IREx allows Study Managers to support, coordinate and manage communications for sites going through the single IRB process while allowing the sIRB to focus on the IRB review and human research protections.

SINGLE IRB TASKS

- **Create study in IREx** with as little as a draft protocol, study sponsor, and title
- **Identify primary contacts** within the sIRB and lead study team
- **Confirm preferences for flexible terms of reliance** (handling HIPAA, COI)

STUDY MANAGER TASKS [***see detailed descriptions below***]

- **Manage site access to study**
- **Disseminate instructions to participating sites**
- **Track site readiness for sIRB review**
- **Download sites' documentation for submission to the sIRB**
- **Upload & disseminate approvals to sites**

How does IREx help Study Managers?

MANAGE SITE ACCESS TO STUDY IN IREX

Study Managers can add and remove sites to the study and decide when sites should receive access.

DISSEMINATE INSTRUCTIONS TO PARTICIPATING / RELYING SITES

IREx emails include site instructions for completing the required agreements and the sIRB process.

TRACK SITE READINESS FOR SIRB REVIEW

IREx provides a snapshot of each site's progress completing the required steps so Study Managers don't have to track these things manually.

DOWNLOAD SITE'S DOCUMENTATION FOR SUBMISSION TO THE SIRB

Study Managers are automatically notified when sites complete all documentation, then can quickly download the information to submit to the sIRB for review.

UPLOAD AND DISSEMINATE APPROVALS TO SITES

Study Managers upload the lead site/overall study approvals and sites' approvals to IREx. Sites are automatically notified any time a new approval for their site is uploaded to IREx, including annual reviews and modifications.

What IREx support is available?

There are numerous resources available to assist Study Managers and site study teams throughout the life of the study.

- **General and/or Personalized Training Webinars**
- **Step-by-Step Quick Guides**
- **Informational and Step-by-Step Videos**
- **Access to the IREx Support Team inbox**

View the IREx Workflow here. | Find IREx information to provide to your sIRB here.
Study Manager Resources: https://www.irbexchange.org/p/irexstudymanager/
Contact us: admin@irbexchange.org